

Should I keep my child home or send him or her to school?

School policy requires a child stay home if he or she:

- Has a fever of 100.0 degrees F or higher
- Has been vomiting or has diarrhea
- Has symptoms that keep your child from participating in school, such as:
 - Very tired or poor appetite
 - Cough that he or she cannot control or sneezing often
 - Headache, body aches, or earache
 - Sore Throat—a little sore throat is ok for school, but a bad sore throat could be strep throat, even if there is no fever. Other signs of strep throat in children are a headache and stomach upset, or rash. Call your doctor if your child has these signs. A special test is needed to know if it is strep throat
- Keep your child home if he is coughing or sneezing often because this spreads the sickness to others.
- Please notify the school nurse if your child tests positive for the flu or is being tested for COVID-19
- IF your child is sent home with Covid-19 symptoms, please follow the Covid Return to School Guidelines.

Remember the 24 hour Rule!!

- **FEVER:** Keep your child home until his or her **FEVER has been gone WITHOUT medicine for 24 hrs.** Returning to school too soon may slow recovery and make others sick. **IF your child has been sent home with a fever, they cannot return the next day!**
- **VOMITING OR DIARRHEA:** Keep your child home for 24 hours after the LAST time he or she vomited or had diarrhea.
- **ANTIBIOTICS:** Keep your child home until 24 hours after the FIRST dose of antibiotics for anything like ear infection or strep throat.

**Please help others from becoming sick
by keeping your child home while sick!**